📍 **Twin Cities R.O.C.K. - Visit our booth located in the Education Building! Map V-20** 📍

2026 Gluten-Free Foods at the Fair List

Presented by Twin Cities R.O.C.K.

Minnesota State Fair food vendors self-reported foods they consider gluten-free.

Twin Cities R.O.C.K. requested vendors evaluate ingredient & supplier information and disclose cross-contact protocols. This list should be considered a starting point for your gluten-free food search.

Those eating gluten-free should be diligent in asking questions of the vendor before deciding if a food item is okay for you to eat.

***: Indicates a chance of inadvertent gluten cross-contact, based on information provided by vendor; however, control methods are part of the operational procedures. Vendors with no * indicate purposeful control measures in place and/or use of naturally gluten-free food & ingredients. This list is not a certification of gluten-free foods or vendors. Use your personal discretion when making selections.**

3B Fresh Squeezed Lemonade & Foot Long Corn Dogs | West side of Liggett St. between Carnes & Judson avenues; Map J-27 **GF Items**: fresh-squeezed lemonade, sweetened ice tea, cherry limeade, strawberry lemonade	**Charcoal Hut*** | East side of Judson Ave. between Underwood & Cooper streets, next to the International Bazaar; Map U-30 **GF Items**: grilled turkey legs, french fries, chicken, salad with chicken or turkey
Auntie M's Gluten Free (dedicated & validated GF) | South side of Judson Ave. between Nelson & Underwood streets, just west of Adventure Park; Map P-30 **GF Items**: corn dogs, cheese curds, funnel cakes, mini donuts	**Chicago Dogs** | In The Garden, east wall; Map T-24 **GF Items**: Chicago-style hot dogs (gluten-free bun available)
BABA'S |E. side of Underwood St. between Murphy & Lee aves; R-11 **GF Items**: Falafelicious, Hummus bi Lahme, Falafel drizzled with tahini, Al Elotay (without pita)	**Corn Roast** | Southeast corner of Dan Patch Ave. & Nelson St.; Map P-24 **GF Items**: sweet corn on-the-cob roasted in the husk
Ball Park Cafe | East side of Underwood St. between Dan Patch & Carnes avenues; Map S-25 **GF Items**: garlic fries	**Dino's Gyros*** | North side of Carnes Ave. between Nelson & Underwood streets; Map R-26 **GF Items**: Greek fries, Falafel pita sandwich (no pita), chicken gyros (no pita)
Big Fat Bacon | South side of Dan Patch Ave. between Nelson & Underwood streets; Map Q-24 **GF Items**: bacon on-a-stick	**Falafel King*** | In the Food Building, south wall; Map S-26 **GF Items**: falafel bowl with salad or fries, falafel on-a-stick, hummus
Blue Ox Burger Bar, The | Southeast corner of Judson Ave. & Clough St.; Map N-30 **GF Items**: tater tots	**French Meadow Bakery & Cafe** | North side of Carnes Ave. between Nelson & Underwood streets; Map Q-26 **GF Items**: Shakshuka Lamb Meatballs, Breakfast Croissant and Heirloom Tomato Wild Acres Turkey and bacon croissant (GF breads available), Earth Wings, Shroomy Calamari, Sweet Orange Chocolate and Ginger Scone, espresso and tea drinks
Bridgeman's Ice Cream | Northeast corner of Judson Ave. & Liggett St.; Map J-30 **GF Items**: Vanilla, Chocolate, Peppermint Bon Bon, Peanut Butter Revel, Raspberry Fudge Torte ice cream	
Butcher Boys* | West side of Liggett St. between West Dan Patch & Carnes avenues; Map P-23 **GF Items**: nachos (chicken or steak), sausage bowl, pitchfork sausage, steak bowl, chicken bowl	**Fresh French Fries** | North side of Judson Ave. between Nelson & Underwood streets, Map Q-30; East side of Liggett St. between West Dan Patch & Carnes avenues, Map J-26 **GF Items**: french fries made from fresh-cut potatoes
Cafe Caribe* | South side of Carnes Ave. between Chambers & Clough streets; Map M-27 **GF Items**: alcoholic beverages (gluten removed), Cajun Peel-N-Eat Shrimp (shared equipment)	**Fresh Made Nut Rolls** | Northeast corner of Dan Patch Ave. & Underwood St.; Map S-23 **GF Items**: salted nut rolls made on-site, salted nut rolls dipped in chocolate and served on-a-stick
Caramel Apple Sundae | Between Chambers & Nelson streets, just south of the Grandstand; Map N-24 **GF Items**: sliced apples in a dish covered in caramel sauce, flavored floats	**Fried Olives On A Stick** | West of Nelson St. just south of the Grandstand, Map N-25 **GF Items**: Peppadew Non-Fried Green Olives, fresh fruit in a cup
Caribbean Smoothees | West side of Liggett St. between Carnes & Judson avenues; Map J-28 **GF Items**: fruit smoothies	**German Root Beer and Popcorn** | East of Chambers St. just south of the Grandstand; Map L-24 **GF Items**: Popcorn

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Granny's Apples + Lemonade | In the Food Building, west wall; S-26 **GF Items**: caramel apple sundaes with optional ice cream or whipped cream, Green Apple Sucker Ice Cream, strawberry lemonade	**Paella Depot** | South side of Judson Ave. between Clough & Nelson sts; Map O-30 **GF Items**: chicken chorizo Paella, Manchego Chorizo Croquettes
Greater Tater | West side of Liggett St. between Carnes & Judson avenues, outside the Horse Barn; Map J-29 **GF Items**: Tater Kegs (multiple varieties)	**Perfect Pickle, The** | West side of Underwood St. at Lee Ave., Map R-12; southwest corner of Liggett St. & West Dan Patch Ave., Map J-25 **GF Items**: pickles on-a-stick
Hangar, The | Northeast corner of Underwood St. and Murphy Ave., at the North End; Map S-8 **GF Items**: smoked turkey legs, smoked brisket sandwich (no bun), bacon-wrapped pork belly	**Peterson's Pork Chops** | South side of Judson Ave. between Nelson & Underwood streets; Map Q-30 **GF Items**: grilled pork chops on-a-stick, chicken breast on-a-stick
Henry's Kettle Korn | East side of Cooper St. between Lee & Randall avenues, at The North Woods; Map T-14 **GF Items**: kettle corn	**Pickle Dog** | South side of Carnes Ave. between Liggett & Chambers streets; Map K-27 **GF Items**: Pickle dog
Holy Land | At the International Bazaar, southeast corner; Map V-31 **GF Items**: hummus, stuffed grape leaves on-a-stick, lamb kebobs	**Produce Exchange, The** | Northwest corner of Carnes Ave. & Underwood St.; Map R-26 **GF Items**: fresh-cut fruits, grilled peach bowl, kombucha on tap
Iemochi Japanese Confections | At the International Bazaar, south wall; Map U-31 **GF Items**: Strawberry, Green Grape, Mandarin Orange, or Dual Mix Tanghulu	**Roon's Savories** | West side of Liggett St. between Carnes & Judson avenues; Map J-28 **GF Items**: chicken tinga & rice savory waffle cone, classic chicken salad savory waffle cone
Jive Turkey BBQ | North side of Lee Ave. between Underwood & Cooper streets; Map S-12 **GF Items**: Thanksgiving Stuffed Turkey Leg, smoked turkey legs	**Route 66 Roadhouse Chicken*** | Food Building, NW corner; Map S-26 **GF Items**: gluten-friendly potato skins with choice of toppings, gluten-friendly chicken tenders
JonnyPops | At West End Market, center section; Map G-24 **GF Items**: JonnyPops - multiple flavors	**Smoothies** | E. side of Underwood St. between Murphy & Lee; R-10 **GF Items**: Strawberry, Strawberry Banana, Strawberry Mango smoothies
Juanita's Fajitas* | West of Nelson St., south of the Grandstand; N-24 **GF Items**: Sedona Sunrise, breakfast burrito, Western Denver breakfast burrito, fajitas (GF if served in a bowl)	**Sonny's Fair Food*** | In the Food Building, NW section; Map R-25 **GF Items**: GF beer battered brat on-a-stick, spiral-cut chips
Key Lime Pie Bar | West side of Cooper St., just north of the Agriculture Horticulture Building; Map T-27 **GF Items**: sorbet, non-dairy gluten-free frozen fruit bar	**SPAM** | South of the Grandstand, under the Grandstand Ramp; N-25 **GF Items**: SPAM burgers (GF bun)
Kosharina Egyptian Cuisine | South of the Grandstand, under the Grandstand Ramp; Map N-25 **GF Items**: Koshari (veggie, beef or chicken)	**Strawberry Patch, The** | West side of Liggett St. between Carnes & Judson avenues; Map J-28 **GF Items**: strawberries and cream
Mexican Hat* | E. of Chambers St., just south of the Grandstand; L-25 **GF Items**: tamales, tacos, enchiladas, chips and cheese, guacamole	**Summer Lakes Boat House** | Southwest corner of Randall Ave. & Underwood St.; Map R-16 **GF Items**: Multiple mocktails
Minnekabob | South side of Dan Patch Ave. between Underwood & Cooper streets; Map S-24 **GF Items**: Minnekabob	**Turkey to Go** | East side of Clough St. between Carnes & Judson; N-29. **GF Items:** pulled turkey sandwich with choice of toppings (no bun), turkey legs, cranberry lemonade
Minnesnowii Shave Ice | West side of Nelson St. between Dan Patch & Carnes avenues; Map O-25 **GF Items**: Minnesnowii Shave Ice in 20+ flavors	**West End Creamery** | At West End Market, NW section; Map G-24 **GF Items**: non-dairy ice cream, hand-scooped premium ice cream
Minnesota Farmers Union Coffee Shop | North side of Dan Patch Ave. between Cooper & Cosgrove streets; Map U-23 **GF Items**: Amazing Grain Bowl	**West Indies Soul Food** | At the International Bazaar, south wall; U-31 **GF Items**: jerk pork chop, jerk chicken legs
Nautical Bowls | In the Food Building, center section, north wall **GF Items**: Acai bowl, Map S-25	**Wow Fudge** | In the Merch Market, center aisle; Map U-25 **GF Items**: handmade copper kettle gourmet fudge in 70+ flavors
Nitro Ice Cream | In the Food Building, northeast corner; Map T-25 **GF Items**: ice cream made on-site with liquid nitrogen with optional toppings	

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