

2024 Gluten-Free Foods at the Fair List

Sponsored by Twin Cities ROCK

Minnesota State Fair food vendors individually provided foods they consider gluten-free.

Twin Cities ROCK requested vendors evaluate ingredient & supplier information & disclose cross-contamination protocols.

This list should be considered a starting point for your gluten-free food search.

Those eating gluten-free should be diligent in asking questions of the vendor before deciding if a food item is okay for you to eat.

***: Indicates a chance of inadvertent gluten cross-contact, based on information provided by vendor; however, control methods are part of the operational procedures. Vendors with no * indicate purposeful control measures in place and/or use of naturally gluten-free food & ingredients. This list is not a certification of gluten-free foods or vendors. Use your personal discretion when making selections.**

Attavio's Fries | West side of Cooper St. between Dan Patch & Judson Aves., outside the Food Building

GF Foods: Baked potato

Ball Park Cafe | East side of Underwood St. between Dan Patch & Carnes Aves.

GF Foods: Garlic fries

Big Fat Bacon | South side of Dan Patch Ave. between Nelson & Underwood Sts.

GF Foods: Bacon-on-a-stick

Cafe Caribe* | South side of Carnes Ave. between Chambers & Clough Sts.

GF Foods: Alcoholic beverages, Cajun peel-n-eat shrimp (*made near gluten items*)

Caramel Apple Sundae | Between Chambers & Nelson Sts., just south of the Grandstand

GF Foods: Sliced apples on a dish covered in caramel sauce with or without vanilla or cinnamon ice cream, soda floats, sparkling apple cider floats

Coasters | Southeast corner of Carnes Ave. & Liggett St.

GF Foods: Lift Bridge Mudslide slushie, hamburgers, pulled chicken, hot dogs (*request no bun*)

Dairy Bar, The | In the Food Building, south wall

GF Foods: Soft serve ice cream in a bowl, mlkshakes, oat milk-based soft serve

French Meadow Bakery & Cafe | North side of Carnes Ave. between Nelson & Underwood Sts.

GF Foods: Sconuts, Shroomy Calamari, Earth Wings, breakfast croissant (*sub gluten-free bread*), Heirloom Tomato Turkey & Bacon Croissant (*sub gluten-free bread*), tea, coffee, lemonade

Fresh Squeezed Lemonade, Fruit Smoothies, Fresh Squeezed Orange Treet & Strawberry Treet | Outside the Food Building, southwest side

GF Foods: Fresh-squeezed lemonade, smoothie, Orange & Strawberry Treet

Fried Fruit & Fried Olives | West of Nelson St. just south of the Grandstand

GF Foods: Peppadew olives, fresh fruit in a cup, fruit-blended drinks

Hangar, The | North side of Murphy Ave. between Underwood & Cooper Sts., at the North End

GF Foods: Smoked turkey leg, bacon-wrapped pork belly

Auntie M's Gluten Free (*dedicated & validated GF*) | South side of Judson Ave. between Nelson & Underwood Sts., just west of Adventure Park

GF Foods: Corn dogs, cheese curds, funnel cakes

Bayou Bob's Gator Shack | Southeast corner of Dan Patch Ave. & Nelson St.

GF Foods: Seasoned alligator sausage on-a-stick, sauteed alligator in olive oil (*exclude tater tots*), frozen grapes

Butcher Boys* | North side of Dan Patch Ave. between Nelson & Underwood Sts.

GF Foods: London broil steak in a bowl with onions, peppers, & cheese - *notify allergen concern to reduce cross contact risk*

Candy Factory | South side of Judson Ave. between Nelson & Underwood Sts., at Adventure Park

GF Foods: Frozen bananas, cotton candy, popcorn

Charcoal Hut* | East side of Judson Ave. between Underwood & Cooper Sts., next to the International Bazaar

GF Foods: Grilled turkey legs, chicken, pulled turkey (*excluding bread*), salads, french fries, pickle, Italian Ice

Corn Roast | Southeast corner of Dan Patch Ave. & Nelson St.

GF Foods: Sweet corn on-the-cob roasted in the husk

Dino's Gyros* | North side of Carnes Ave. between Nelson & Underwood Sts.

GF Foods: Blazing Greek Bites, Tirokroketes, falafel & chicken gyro (*excluding bread*) - *request glove change*

Fresh French Fries | North side of Judson Ave. between Nelson & Underwood Sts. & North side of Carnes Ave. between Liggett & Chambers Sts.

GF Foods: French fries

Fresh Made Nut Rolls | Northeast corner of Dan Patch Ave. & Underwood St.

GF Foods: Nut rolls

German Rootbeer & Popcorn | East of Chambers St. just south of the Grandstand

GF Foods: Popcorn, ice cream soda floats

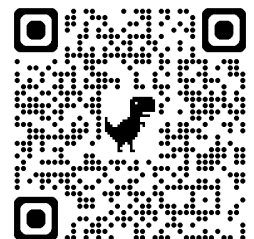
Henry's Kettle Korn | East side of Cooper St. between Lee & Randall Aves., at The North Woods

GF Foods: Kettle corn

Twin Cities ROCK - Visit our booth located in the HealthFair11 building at Dan Patch & Cooper!

<p>Hawaiian Shaved Ice North side of Dan Patch Ave. between Underwood & Cooper Sts. GF Foods: Hawaiian shaved ice</p>	<p>Jammy Sammies by BRIM (<i>dedicated GF</i>) At the North End, northwest section, across from the North End Event Center GF Foods: lemonades, coffee, Sota sandwich, Marco's Garden</p>
<p>iPierogi In the Food Building, south wall GF Foods: Stuffed cabbage roll</p>	<p>JonnyPops At West End Market, center section GF Foods: JonnyPops (frozen popsicles)</p>
<p>Juanita's Fajitas* West of Nelson St., just south of the Grandstand GF Foods: Breakfast burrito, Sedona sunrise (<i>can be served in a bowl rather than a tortilla</i>)</p>	<p>Key Lime Pie Bar West side of Cooper St., just north of the Agriculture Horticulture Building GF Foods: Sorbet, frozen fruit bar</p>
<p>Kosharina Egyptian Cuisine Located south of the Grandstand Building under the Grandstand Ramp GF Foods: Koshari (<i>with no pasta</i>)</p>	<p>Mexican Hat East of Chambers St., just south of the Grandstand GF Foods: Tacos & burritos (<i>request no tortilla</i>), Spanish rice, refried beans, enchiladas, & tamales - <i>request glove change</i></p>
<p>Minnekabob In the Food Building, northwest section & South side of Dan Patch Ave. between Underwood & Cooper Sts. GF Foods: Minnekabob</p>	<p>Minnesota Apples In the Agriculture Horticulture Building, south side GF Foods: Apples, apple cider, frozen cider pop</p>
<p>Nautical Bowls (<i>dedicated gluten free</i>) In the Food Building, center section, north wall GF Foods: Smoothie bowls</p>	<p>Nitro Ice Cream In the Food Building, northeast corner GF Foods: Ice cream</p>
<p>Oodles of Noodles In the Food Building, east wall GF Foods: Spicy Thai noodles</p>	<p>Oof-da Tacos* Northeast corner of Dan Patch Ave. & Cooper St. GF Foods: Nachos supreme, bucket of nachos, taco salad - <i>request glove change</i></p>
<p>Paella Depot South side of Judson Ave. between Clough & Nelson Sts. GF Foods: Chicken & chorizo paella, optional fried egg and seafood</p>	<p>Pickle Dog South side of Carnes Ave. between Liggett & Chambers Sts. GF Foods: Pickle Dog, Whole dill pickle on-a-stick</p>
<p>Pitchfork Sausage* West side of Liggett St. between Carnes & Judson Aves, outside the Horse Barn GF Foods: London broil steak bowl, chicken bowl, sausage bowl, sausage on a fork- <i>notify allergen concern to reduce cross contact risk</i></p>	<p>Produce Exchange, The Northwest corner of Carnes Ave. & Underwood St. GF Foods: Fresh-cut fruits, kombucha on tap, peaches</p>
<p>Quench'd: Lemonade/Bottled Water South side of Dan Patch Ave. between Nelson & Underwood Sts. GF Foods: Fresh-squeezed lemonade, lemonade sorbet, lemonade float</p>	<p>Route 66 Roadhouse Chicken* In the Food Building, northwest corner GF Foods: Potato skins with choice of toppings</p>
<p>Sara's Tippy Pies In the Food Building, northwest wall GF Foods: Tippy Pecan Tart</p>	<p>Shrimp Shack West side of Underwood St. between Carnes & Judson Aves. GF Foods: Grilled shrimp on-a-stick</p>
<p>Smokin' Joe's Smokehouse East side of Cooper St. between Lee & Randall Aves., at The North Woods GF Foods: Beef jerky, turkey jerky, hickory smoked snack sticks</p>	<p>Sonny's Food* In the Food Building, northwest section GF Foods: Beer battered brat on-a-stick, spiral-cut chips</p>
<p>Spinning Wylde Located north of Wright Ave. between Cooper & Cosgrove Sts., at Family Fair at Baldwin Park GF Foods: Fresh-pressed watermelon juice, Cloud Coolers, organic cotton candy</p>	<p>Spring Grove Soda West side of Nelson St. between Carnes & Judson Aves. GF Foods: Old-fashioned bottled soda pop</p>
<p>Summer Lakes Beverage East side of Underwood St. between Lee & Randall Aves., just south of Little Farm Hands GF Foods: Luna Paloma brand mocktails, Bootleg brand mocktails</p>	<p>Tasti Whip Located on the northwest corner of Dan Patch Ave. & Underwood St. GF Foods: Dole soft serve (in all flavors pineapple, strawberry, mango, lemon)</p>
<p>Tejas Express In The Garden, north wall GF Foods: Burning Brothers Pyro (beer)</p>	<p>Turkey To Go East side of Clough St. between Carnes & Judson Aves. GF Foods: Turkey legs</p>
<p>West Indies Soul Food At the International Bazaar, south wall GF Foods: Jerk chicken legs, Jerk pork chop, Caribbean lemonade</p>	

Use the QR Code to find this list online!



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