



2021 Gluten-Free Foods at the Fair List

Sponsored by Twin Cities ROCK

Minnesota State Fair food vendors individually provided foods they consider gluten-free.

Twin Cities ROCK requested vendors evaluate ingredients, supplier information, and disclose processes that could lead to cross-contamination with gluten. This list should be considered a starting point for your gluten-free food search.

Those eating gluten-free should be diligent in asking questions of the vendor before deciding if a food item is okay for you to eat.

*** : Indicates a chance of inadvertent gluten cross-contamination, based on information provided by the vendor; however, control measures are part of the operational procedures.**

Vendors with no * indicate purposeful control measures in place and/or use of naturally gluten-free food and ingredients.

This list is not a certification of gluten-free foods or vendors. Use your personal discretion when making selections.

<p>Anchor Coffee House, The* West side of Underwood St. between Carnes & Judson avenues, outside Ramberg Music Café GF Foods: Banana Chocolate Chip Muffin</p>	<p>Auntie M's Gluten Free (<i>Dedicated GF</i>) South side of Judson Avenue between Nelson & Underwood streets, at Adventure Park GF Foods: Corn Dogs; Cheese Curds; Funnel Cakes</p>
<p>Ball Park Café* East side of Underwood St. between Dan Patch & Carnes avenues GF Foods: Garlic Fries; Sweetland Cherry Rhubarb Cider; Sweetland MN Mule Cider; Wild State Pineapple Cider</p>	<p>Bridgeman's Ice Cream* Northeast corner of Judson Ave. & Liggett St. GF Foods: Vanilla, Chocolate, Strawberry, Butter Brittle, Peppermint Bon Bon, Peaches N Cream and Caramelicious Ice Cream. <i>Request clean scoop and ice cream tub.</i></p>
<p>BRIM (<i>Dedicated GF</i>) At the North End, northwest section GF Foods: Sota Sandwich; Mint lemonade; The Joey Mary; Blueberry lemonade; Hibiscus lemonade</p>	<p>Café Caribe* South side of Carnes Ave. between Chambers & Nelson streets GF Foods: MN Produced Wines by Winehaven - Frontenac Gris (White); Marquette Reserve (Red); Sociable Cider Werks Freewheeler Dry Apple Cider; Truly Spiked & Sparkling Hard Seltzer; Cajun Peel-N-Eat Shrimp. <i>Request glove change.</i></p>
<p>Caramel Apple Sundae West of Nelson St. just south of the Grandstand GF Foods: Caramel Apple Sundae with vanilla or cinnamon ice cream; Apple Cider Floats; Soda Floats; Water</p>	<p>Charcoal Hut, The* East side of Judson Ave. between Underwood & Cooper streets, next to the International Bazaar GF Foods: Turkey Drumsticks; Grilled Chicken; Garden Salad with Chicken Breast; Salad with Pulled Turkey; French Fries; Italian Ice; Pickle on a stick; Hamburger or pulled <i>Turkey without a bun</i></p>
<p>Chicago Dogs* In The Garden, east wall GF Foods: Chicago Dogs without the bread; <i>Udi buns available. Request fresh gloves.</i></p>	<p>Colonial Nut Roll Company Northeast corner of Dan Patch Ave. & Underwood St. GF Foods: Salted nut rolls; Peanuts, pecans, cashews.</p>
<p>Corn Roast Southeast corner of Dan Patch Ave. & Nelson St. GF Foods: Roasted sweet corn, with or without butter</p>	<p>Cotton Candy West of Nelson St., just south of the Grandstand; West side of Liggett St., north of Mighty Midway; West side of Liggett St. between Carnes & Judson avenues GF Foods: Cotton Candy in a bag or on a stick</p>
<p>Cotton Candy 6 Different Flavors Southeast corner of Dan Patch Ave. & Underwood St. GF Foods: Flavored Cotton Candy</p>	<p>Dino's Gyros* North side of Carnes Ave. between Nelson & Underwood streets GF Foods: Chicken Gyro bowl; Niced Tea; Bonna Juice Seltzer. <i>Request fresh gloves.</i></p>
<p>French Meadow Bakery and Café* North side of Carnes Ave. between Nelson & Underwood streets GF Foods: Risotto Poppers; Earth Wings; Sconuts; GF Blueberry, Lemon Muffin; GF Bars; GF Chocolate Chip Cookies; GF Sandwich station; Beverages</p>	<p>Fried Fruit & Fried Olives West of Nelson St. just south of the Grandstand GF Foods: New Peppadew Olives (unbattered & unfried); Fresh Fruit Cups & Fresh Real Fruit Smoothies</p>
<p>German Root Beer Southwest corner of Dan Patch Ave. & Underwood St. GF Foods: Soda pop; Popcorn; Floats</p>	<p>Hangar, The* At the North End, southwest section GF Foods: Turkey Legs; Brisket; Pulled Pork; Pineapple Chicken Bowl. <i>Request glove change and fresh utensils.</i></p>



Twin Cities ROCK - Visit our booth located in the HealthFair11 building at Dan Patch & Cooper!

<p>Henry's Kettle Korn East side of Cooper St. between Lee & Randall avenues, at The North Woods GF Foods: Kettle Korn</p>	<p>Holy Land* At the International Bazaar, southeast corner GF Foods: Falafel tray; Falafel on a stick; Hummus; Veggie combo tray; Grape leaves on a stick; Quinoa tabouli; Lamb kabob; Beef kebab; Persian beef kebab; Chicken gyro tray</p>
<p>Hot Indian* In the Food Building, east wall GF Foods: Paneer Pakora</p>	<p>Island Noodles At the International Bazaar, south wall GF Foods: Island Slaw</p>
<p>Java Jive South side of West Dan Patch Ave. between Liggett & Chambers streets GF Foods: All beverages</p>	<p>Josef Abel Meats* At West End Market, center section GF Foods: Fresh smoked beef sticks</p>
<p>Key Lime Pie Bar* West side of Cooper St. between the Food & Agriculture Horticulture buildings GF Foods: Island Way Sorbet in a Natural Fruit Shell; Strawberry Fruit Bar</p>	<p>Mexican Hat* East of Chambers St. just south of the Grandstand GF Foods: Tacos; Salads; Enchilada; Tamale; Nachos Supreme; Nachos w/Guac or Cheese; Beans; Salsa; Guacamole. <i>Request fresh gloves.</i></p>
<p>Mini Melts/Wonder Bar East side of Cooper St. between Randall & Wright avenues, at Family Fair at Baldwin Park GF Foods: Ice Cream Dipped in Chocolate; Frozen Banana Dipped in Chocolate; Certain flavors of Mini Melts; Ice Cream in dish</p>	<p>Minnesnowii Shave Ice At West End Market, southwest section GF Foods: Shave ice with flavoring</p>
<p>Minnesota Apples In the Agriculture Horticulture Building, west side GF Foods: Apple cider; Apple cider freezies; Apples; Applesauce</p>	<p>O'Gara's at the Fair Southwest corner of Dan Patch Ave. & Cosgrove St. GF Foods: Irish Tater Kegs; Loon Juice Hard Cider; Cannon River Wines; White Claw Hard Seltzer; White Claw/Red Bull Slushie</p>
<p>Oodles of Noodles* In the Food Building, east wall GF Foods: Spicy Thai Noodles</p>	<p>Patinella's Chicken Grill East of Chambers St., just south of the Grandstand GF Foods: Chicken and rice bowls</p>
<p>Pickle Dog South side of Carnes Ave. between Liggett & Chambers streets GF Foods: Pickle on a Stick; Pickle Dog; Fire Dog; Reuben Dog</p>	<p>Pork Chops & Chicken South side of Judson Ave. between Nelson & Underwood streets GF Foods: Char broiled chicken and pork chops on a stick</p>
<p>Smokin' Joe's Smokehouse* East side of Cooper St. between Lee & Randall avenues, at The North Woods GF Foods: Beef Jerky; Turkey Jerky; Beef Sticks</p>	<p>Sonny's Fair Foods In the Food Building, northwest section GF Foods: Foot long corn dog; Fresh fried potato chips</p>
<p>Spring Grove Soda Pop West side of Nelson St. between Carnes & Judson avenues GF Foods: Spring Grove Soda Pop - in nine flavors</p>	<p>Strawberry Patch West side of Liggett St. between Carnes & Judson avenues GF Foods: Fresh Strawberries and whip cream. <i>Mention this is for gluten-free.</i></p>
<p>Summer Lakes Beverage East side of Underwood Street between Lee & Randall avenues, just south of Little Farm Hands GF Foods: Mocktail Drinks: Bootleg, Luna Paloma, Fresh Press Margarita, Fresh Press Jalapeno Margarita, Bama! Lemon Sweet Tea, Lake Storm Lemonade, Wedge-Hammer</p>	<p>Taco King North side of Judson Ave. between Clough & Nelson streets GF Foods: Tostadas; Chips and cheese; Fresh salsa</p>
<p>Thomasina's Cashew Brittle* In the Merchandise Mart, west aisle GF Foods: Cashew Brittle; Apple Brittle</p>	<p>West End Creamery* At West End Market, northwest section GF Foods: Flavored ice cream, can be made into shakes and Sundaes; Root beer floats. <i>Request fresh ice cream tub.</i></p>
<p>West Indies Soul Food At the International Bazaar, south wall GF Foods: Jerk Chicken; All sauces; All rice options; Jerk pork chops</p>	



Use the QR Code to find this list online!